

Counseling/Pastoral Counseling

St. Stephen Harding Theological College and Seminary

Courses numbered 100-499 are appropriate for CEP, Certificates, S.T.L. and Th.B. studies. Courses with combination numbers, 100-499/500+ may be used for above or graduate studies. Regardless of numbering, a course may only be applied once.

Courses with 500+ numbers are to be used for graduate studies only.

The letters after the course text indicate the publisher. See "Textbook Resource List."

Pastoral Counseling/ PC courses are Christian in tradition and are also considered the best in psychology, sociology, and other sciences.

PC 200/500: Competent Christian Counseling (3)

- Competent Christian Counseling: Pursuing and Practicing Compassionate Soul Care, by Tim Clinton & George Ohlschlager (CBC)

PC 201/501: Clinical Pastoral Counseling (3)

- Clinical Handbook of Pastoral Counseling, Volume 1: Expanded Edition, edited by Robert Wicks, Richard Parsons and Donald Capps (CBC)

PC 202/502: Psychology and Christian Counseling (3)

Three textbooks are used in this course:

- Psychology, Theology, and Spirituality in Christian Counseling, by Mark McMinn (CBC)
- Biblical Concepts for Christian Counseling: A Case for Integrating Psychology and Theology, by William Kirwan (CBC)
- The Christian's Guide to Psychological Terms, by Marshall Asher & Mary Asher (CBC)

PC 203/503: Legal Issues and Pastoral Counseling (3)

Three textbooks are used in this course:

- Legal Issues & Religious Counseling, by Ronald Bullis (CBC)
- Ethical, Legal, and Professional Issues in the Practice of Marriage and Family Therapy, Fourth Edition, by S. Allen Wilcoxon, Theodore Remley, Samuel T. Gladding (CBC)
- Christian Counseling Ethics: A Handbook for Therapists, Pastors & Counselors, by Randolph Sanders (CBC)

PC 204/504: Christian Counseling Strategies (3)

Two textbooks are used in this course:

Christian Counseling Casebook, by Gary Collins (CBC)

Christian Counseling, Revised and Updated Third Edition, by Gary Collins (CBC)

PC 205/505: Biblical Basis and Strategies for Christian Counseling (3)

Three textbooks are used in this course:

- The Biblical Basis of Christian Counseling for People Helpers, by Gary Collins (CBC)
- The Manual: The Ultimate Resource for Christians, by Dawn Sutton (CBC)
- Strategic Pastoral Counseling, Second Edition: A Short-Term Structured Model, by David Benner (CBC)

PC 206/506: Christian Coaching (3)

Two textbooks are used in this course:

- Christian Coaching: Helping Others Turn Potential Into Reality, 2nd Edition, Revised and Expanded, by Gary Collins (CBC)
- Coaching for Christian Leaders: A Practical Guide, by Chad Hall and Linda Miller (CBC)

PC 207/507: Grief Counseling (3)

Three textbooks are used in this course:

- Helping People Through Grief, by Delores Kuenning (CBC)
- The Unwanted Gift of Grief: A Ministry Approach, by Tim Van Dulvendyk (CBC)
- Grief Keeping: Learning How Long Grief Takes, by Harold Ivan Smith (CBC)

PC 300/600: Pastoral Counseling for Depression (3)

Three textbooks are used in this course:

- Happiness is a Choice: Symptoms, Causes, and Cures of Depression, by Frank Minirth and Paul Meier (CBC)
- Breaking Through Depression: A Biblical and Medical Approach to Emotional Wholeness, by Donald Hall (CBC)
- The Freedom from Depression Workbook, by Les Carter (CBC)

PC 301/601: Clinical Couple Therapy (3)

- Clinical Handbook of Couple Therapy, Fourth Edition, by Alan Gurman (CBC)

PC 302/602: Marriage Counseling, Short Term (3)

Four textbooks are used in this course:

- How to Counsel a Couple in 6 Sessions or Less, by H. Norman Wright (CBC)
- Pastor, Our Marriage is in Trouble: A Guide to Short-Term Counseling, by Charles Rassieur (CBC)
- Nine Critical Mistakes Most Couples Make: Identify the Pitfalls and Discover God's Help, by David Hawkins (CBC)
- The Marriage Checkup Questionnaire, by H. Norman Wright (CBC)

PC 303/603: Premarital Counseling (3)

Four textbooks are used in this course:

- The Premarital Counseling Handbook, by H. Norman Wright (CBC)
- Called Together, by Steve Prokopchak and Mary Prokopchak (CBC)
- 100 Answers to 100 Questions to Ask Before You Say I Do, by Amy Hagberg (CBC)
- Real Questions, Real Answers about Sex: The Complete Guide to Intimacy as God Intended, by Melissa McBurney (CBC)

PC 304/604: The Problem of Pornography (3)

Two textbooks and one CD are used in this course:

- The Seductive Lure of Internet Porn I-II (DVD), by James Dobson (CBC)
- Think Before You Look! 40 Powerful Reasons to Avoid Pornography, by Daniel Henderson (CBC)
- Conquering Pornography: Overcoming the Addiction, by Dennis Frederick (CBC)

PC 305/605: Ministering to Those Trapped in Pornography (3)

Four textbooks are used in this course:

- The Silent War: Ministering to Those Trapped in the Deception of Pornography, by Henry Rogers (CBC)
- The Secret in the Pew: Pornography in the Lives of Christian Men – Breaking the Bondage of Sexual Sin, by David Blythe (CBC)
- The Pornography Trap: Setting Pastors and Laypersons Free from Sexual Addiction, by Ralph Earle (CBC)
- Pornography: Slaying the Dragon, by David Powlison (CBC)

PC 306/606: Counseling the Wife of the Sexual Addict (3)

Three textbooks are used in this course:

- Every Heart Restored: A Wife's Guide to Healing in the Wake of a Husband's Sexual Sin, by Stephen Arterburn, Fred Stoeker, Brenda Stoeker (CBC)
- Living with Your Husband's Secret Wars, by Marsha Means (CBC)
- An Affair of the Mind, by Laurie Hall (CBC)

PC 307/607: Healing Victims of Sexual Abuse (3)

Three textbooks are used in this course:

- Helping Victims of Sexual Abuse, Updated Edition, by Lynn Heitritter, Jeanette Vought (CBC)
- The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse, by Dan Allender (CBC)
- The Wounded Heart Workbook, by Dan Allender (CBC)

PC 308/608: Sexual Norms and Ethics (3)

Two textbooks are used in this course:

- The Conjugal Act as a Personal Act, by Donald Ascii (IP)
- Love and Responsibility, by Karol Wojtyla (Pope John Paul II) (IP)

PC 309/609: Sex and the Marriage Covenant (3)

Three textbooks are used in this course:

- Sex and the Marriage Covenant, by John Kippley (IP)
- Christian Meaning of Human Sexuality, by Paul Quay (IP)
- Covenant of Love: Pope John Paul II on Sexuality, Marriage and Family in the Modern World, by Richard Hogan and John LeVoir (IP)

PC 310/610: Pastoral Care for the Homosexual (3)

Two textbooks are used in this course:

- The Homosexual Person, by John Harvey (IP)
- The Truth about Homosexuality, by John Harvey (IP)