

## **Benedictine Spirituality**

### **St. Stephen Harding Theological College and Seminary**

Courses numbered 100-499 are appropriate for CEP, Certificates, S.T.L. and Th.B. studies. Courses with combination numbers, 100-499/500+ may be used for the above or for graduate studies. Regardless of numbering, a course may only be applied once.

Courses with 500+ numbers are to be used for graduate studies only.

The letters after the course text indicate the publisher. See "Textbook Resource List."

**BEN: The Benedict series of courses leads the student through an introduction to St. Benedict by way of biography and prayer. The series continues with a study and application of the Rule of St. Benedict. Lastly, the series reviews the essential elements of Benedictine Spirituality.**

#### **BEN 101/501 Life and Way of St. Benedict (3)**

Six textbooks are used in this course:

- Life and Miracles of St. Benedict (LP)
- Novena to St. Benedict (LP)
- St. Benedict for the Laity (LP)
- Medal or Cross of St. Benedict, by Dom Prosper Gueranger, OSB (AP)
- Praying With Benedict: Prayer in the Rule of St. Benedict, by Korneel Vermeiren, OCSO, trans. by Richard Yeo, OSB (CP)
- The Rule of Benedict for Beginners: Spirituality for Daily Life, by Wil Derkse, trans. by Martin Kessler (LP)

#### **BEN 102/502 The Rule of St. Benedict (3)**

Three textbooks are used in this course:

- Reading Saint Benedict, by Adalbert de Vogue, OSB, trans. by Colette Friedlander, OCSO (CP)
- Seeking God: The Way of St. Benedict, second ed., by Esther de Waal (LP)
- St. Benedict's Rule for Monasteries, trans. by Leonard J. Doyle (LP)

#### **BEN 103/503 Benedictine Spirituality (3)**

Three textbooks are used in this course:

- Monastic Practices, by Charles Cummings, OCSO (CP)
- The Benedictine Handbook, ed. by Anthony Marrett-Crosby (LP)
- A Life-Giving Way: A Commentary on the Rule of St. Benedict, by Esther de Waal (LP)

**BEN 202/602 The Rule of St. Benedict (2)**

- The Rule of St. Benedict: A Doctrinal and Spiritual Commentary, by Adalbert de Vogue, OSB (CS)

**BEN 203/603 Benedictine Spirituality II (2)**

- The Privilege of Love: Camaldolese Benedictine Spirituality, by Peter-Damian Belisle, OSB (LP)